

And don't forget—everybody's got a butt!

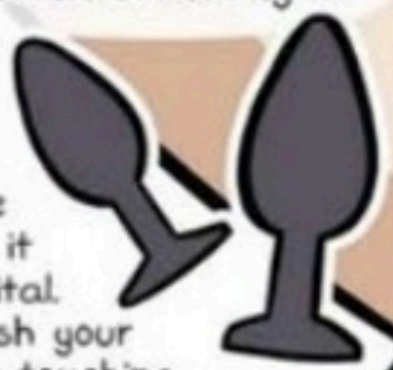
After the train has left the station (so to speak) and you've had a chance to wash up or douche back there, you can have an assload of fun with a healthy heaping of lube.

Apply **broad pressure** to the outside of the entrance.

Circle your butthole with your finger, pausing any time a spot feels extra good.

Dip just the tip of your finger inside. Let your anus pull it in when it's ready, instead of forcing it.

Dive deeper with your finger or a butt plug! Just make sure any objects you put up there have a flared base; otherwise, your hungry heinie can gobble it up and the only way to get it back out is a trip to the hospital.



Make sure to wash your hands before touching any of your other body parts, especially the vulva! Or wear latex gloves and toss 'em when you're done.

